Catholic Calendar

for the

Gear of Our Lord

2021

NEW LAW OF EUCHARISTIC FAST

(From the Motu Proprio issued by

His Holiness Pope Pius XII, March 19, 1957)

1. Priests and faithful, before Holy Mass or Holy Communion, respectively, must abstain for three hours from solid foods and alcoholic beverages, and for one hour from non-alcoholic beverages. Water does not break the fast.

2. From now on, the fast must be observed for the period of time indicated in Number One, even by those who celebrate or receive Holy Communion at midnight or in the first hours of the day.

3. The infirm, even if not bed-ridden, may take non-alcoholic beverages and that which is really and properly medicine, either in liquid or solid form, before Mass or Holy Communion without any time limit.

We strongly exhort priests and faithful who are able to do so to observe the old and venerable form of the Eucharistic fast before Mass and Holy Communion. All those who will make use of these concessions must compensate for the good received by becoming shining examples of a Christian life and principally with works of penance and charity.

The dispositions of this Motu Proprio will go into effect on March 25, 1957, the Feast of the Annunciation of the Blessed Virgin Mary. Every disposition whatsoever to the contrary is abrogated, even if it is worthy of special mention.

Given at Rome at St. Peter's, March 19, the Feast of St. Joseph, Patron of the Universal Church, 1957, the 19th year of Our pontificate.



I. HOLY DAYS OF OBLIGATION

In U.S.A.:

All Sundays – The Circumcision, Jan. 1st – Ascension Day —The Assumption, Aug. 15th – All Saints Day, Nov.1st – Immaculate Conception, Dec. 8th. – Christmas, Dec. 25th.

In AUSTRALIA: Same as U.S.A., except Immaculate Conception.

II. Fasting and Abstinence-Days

Complete abstinence is to be observed on <u>Fridays, Ash Wednesday, the Vigils of the Immaculate Conception, Christmas, and on Holy Saturday</u>. On days of complete abstinence meat, and soup or gravy made from meat, <u>may not be used at all</u>; signified on the calendar by.

Partial abstinence is to be observed on Ember Wednesdays and Saturdays and on the Vigil of Pentecost. <u>On days of partial abstinence meat, and soup or gravy made from meat</u>, may be taken **only once a day** at the principal meal. Signified on the calendar by.

Fast—Everyone over 21 and under 59 years of age is also bound to observe the law of fast on the <u>week-</u> <u>days of Lent</u>, <u>Holy Saturday</u>, <u>Ember Days</u>, <u>Vigils of Pentecost</u>, <u>Immaculate Conception</u> and <u>Christmas</u>.

On days of fast <u>only one full meal is allowed</u>. Two other <u>meatless meals</u>, <u>sufficient to maintain strength</u>, may be taken according to each one's needs; <u>but together they should not equal another full meal</u>. There is no fast or abstinence if a vigil falls on a Sunday.

PLEASE NOTE:

- ~ This is not an official calendar of the Catholic Church. It was put together by a lay person for her own family using the Saint Andrew Daily Missal, Imprimatur 1951. All quotes taken from: Whom the Lord Loveth," Imprimatur 1919
- ~ PLEASE, PLEASE, PLEASE double check days of fast and abstinence. We are human and we make mistakes even with the best of intentions and a lot of proof reading. We feel guilty when someone doesn't fast or abstain because of an oversight or mistake on our part!
- ~ There are a few Sundays throughout the coming year where Immovable feasts supersede the Sunday Mass. They are as follows:
 - April 25th St. Mark
 - July 25 -- St. James
 - August 15 Assumption of the Blessed Virgin Mary
 - August 22 Immaculate Heart of Mary



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
you will find Christ the cr	the Cross d the help and oss is hard, de God, sweet as le	1 First Friday The Feast of the Circumcision of Our Lord (Holyday of Obligation)	2 <i>First Saturday</i> Octave Day of St. Stephen, First Martyr			
3 Feast of the Holy Name of Jesus	4 Octave of the Holy Innocents	5 Vigil of the Epiphany	6 The Epiphany of Our Lord	7 Within the Octave of the Epiphany	8 Within the Octave of the Epiphany	9 Within the Octave of the Epiphany
10 Feast of the Holy Family	11 Within the Octave of the Epiphany	12 Within the Octave of the Epiphany	13 Octave of the Epiphany	14 St. Hilary, BD	15 St. Paul, the First Hermit	16 St. Marcellus, PM
17 2nd Sunday after Epiphany St. Anthony, Ab	18 St. Peter's Chair at Rome	19 SS. Marius, Martha, Audifax & Abachum, MM	20 SS. Fabian, P & Sebastian, M	21 St. Agnes, VM	22 SS Vincent & Anastasius, MM	23 St. Raymond of Penafort, C
24 3rd Sunday after Epiphany 31 Septuagesima Sunday	25 The Conversion of St. Paul	26 St. Polycarp, BM	27 St. John Chrysostom, BCD	28 St. Peter Nolasco, C	29 St. Francis of Sales, BCD	30 St. Martina, VM

February 2021 Month of the Holy Family



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 St. Ignatius, BM	2 The Purification of the BVM	3 St. Blaise, BM	4 St. Andrew Corsini, BC	5 First Friday St, Agatha, VM	6 <i>First Saturday</i> St. Titus, BC
7 Sexagesima Sunday St. Romuald, Ab	8 St. John of Matha, C	9 St. Cyril of Alexandria, BCD	10 St. Scholastica, V	11 Our Lady of Lourdes	12 The Seven Holy Founders of the Servite Order, C	13 Feria Day
14 Quin- quagesima Sunday St. Valentine, BM	15 SS Faustinus & Jovita, MM	16 Feria Day	17 Ash Wednesday	18 St. Simeon, BM St. Bernadette, V	19 Feria Day	20 Feria Day
21 1st Sunday of Lent	22 The Chair of St. Peter at Antioch	23 St. Damian, BCD	24 Ember Wednesday St. Matthias, Apostle	25 Feria Day	26 Ember Friday	27 Ember Saturday St. Gabriel of our Lady of Sorrows, C
28 2nd Sunday of Lent	I do not ask, O Lord, that life may be a pleasant road; I do not ask that Thou wouldst take from me aught of its load. I do not ask my cross to understand, My way to see; Better in darkness just to feel Thy hand, And follow Thee. ~ Adelaide Procter					

March 2021

Month of Saint Joseph, Patron of the Universal Church



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Feria Day	2 Feria Day	3 Feria Day	4 St. Casimir, C	5 First Friday Feria Day	6 First Saturday SS Perpetua & Felicitas, MM
7 3rd Sunday of Lent	8 St. John of God, C	9 St. Frances of Rome, W	10 The Forty Holy Martyrs	11 Feria Day	12 St. Gregory the Great, PD	13 Feria Day
St. Thomas Aquinas, CD						
14 4th Sunday of Lent	15 St. Louise de Marillac, W	16 SS John de Brebeuf & Comp, MM	17 St. Patrick, BC	18 St. Cyril of Jerusalem, BC	19 St. Joseph, C Spouse of the Blessed Virgin Mary	20 Feria Day
21 Passion	22 St. Isadore the Farmer, C	23 Feria Day	24 St Gabriel, Archangel	25 Annunciation of the BVM	26 Seven Sorrows of the BVM	27 St. John Damascene, CD
Sunday St. Benedict, Abbot						
28 Palm Sunday	29 Monday in Holy Week	30 Provide the second s	31 Wednesday in Holy Week	we must not i		for our

April 2021 Month of the Holy Ghost

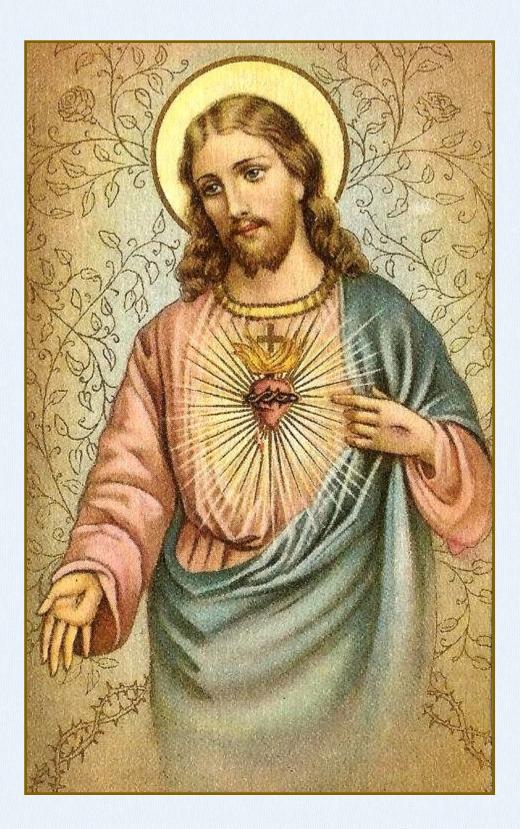


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Earthly sorrows are the roots of heavenly joys. A cross is a crown begun. Suffering is dearer to the saints than happiness, for the similitude of Christ has passed upon them. ~ <i>Father Faber</i> I can do all things in Christ who strengtheneth me. ~ <i>St. Paul, Philip. 9 : 12</i> 				1 Maundy Thursday	2 First Friday Good Friday	3 First Saturday Holy Saturday
4 Easter Sunday	5 Easter Monday St. Vincent Ferrer, C	6 Easter Tuesday	7 Easter Wednesday	8 Easter Thursday Blessed Julie Billiart, V	9 Easter Friday	10 Easter Saturday
11 Low Sunday St. Leo I, PD	12 Feria Day	13 St. Hermenegild, M	14 St. Justin, M	15 Feria Day	16 Feria Day	17 St. Anicetus, PM
18 2nd Sunday after Easter	19 Feria Day	20 Feria Day	21 Solemnity of St. Joseph St. Anselm, BCD	22 SS Coter & Caius, PM	23 St. George, M	24 St. Fidelis of Sigmaringen, M
25 St. Mark, the Evangelist Pray the Greater Litanies	26 SS Cletus & Marcellinus, PPMM Our Lady of Good Counsel	27 St. Peter Canisius, CD	28 St. Paul of the Cross, C	29 St. Peter of Verona, M	30 St. Catherine of Siena, V	



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
WHEN Jesus therefore had seen His mother and the disciple standing whom He loved, He saith to his mother: Woman, behold thy son. After that, He saith to the disciple: Behold thy mother. \sim John 10 : 26, 27 In dangers and afflictions think of Mary, pray to Mary; let her name be ever on thy lips and in thy heart; but to obtain the help of her prayers imitate the example of her							
life.				~ St. Bernard			
2 4th Sunday after Easter	3 The Finding of the Holy Cross	4 St. Monica, W	5 St. Pius V, P	6 St. John before the Latin Gate	7 First Friday St. Stanislas, BM	8 The Apparition of St. Michael the Archangel	
9	10	11	12	13	14	15	
5th Sunday after Easter St. Gregory Nazianzen, BCD	Rogation Day Pray the Lesser Litanies St. Antonius, BC	Rogation Day Pray the Lesser Litanies	Rogation Day Pray the Lesser Litanies Vigil of the Ascension	Ascension Thursday Holyday of Obligation St. Robert Bellarmine, BCD	St. Boniface, M	St. John Baptist de la Salle, C	
16 Sunday within the Octave of the Ascension St. Ubaldus, BC	17 St. Paschal Baylon, C	18 St. Venantius, M	19 St. Peter Celestine, P	20 Octave Day of the Ascension St. Bernardine of Siena, C	21 Friday after the Octave of the Ascension	22 Vigil of Pentecost	
23 Pentecost Sunday	24 Monday after Pentecost	25 Tuesday after Pentecost St. Gregory VII, P	26 Ember Wednesday St. Philip Neri, C	27 Thursday after Pentecost St. Bede, the Venerable CD	28 Ember Friday St. Augustine of Canterbury,	29 Ember Saturday St. Mary Mardalon doi	
30 Trinity Sunday	31 Queenship of the BVM			Venerable, CD	Arch C	Magdalen dei Pazzi, V	

June 2021 Month of the Most Sacred Heart of Jesus



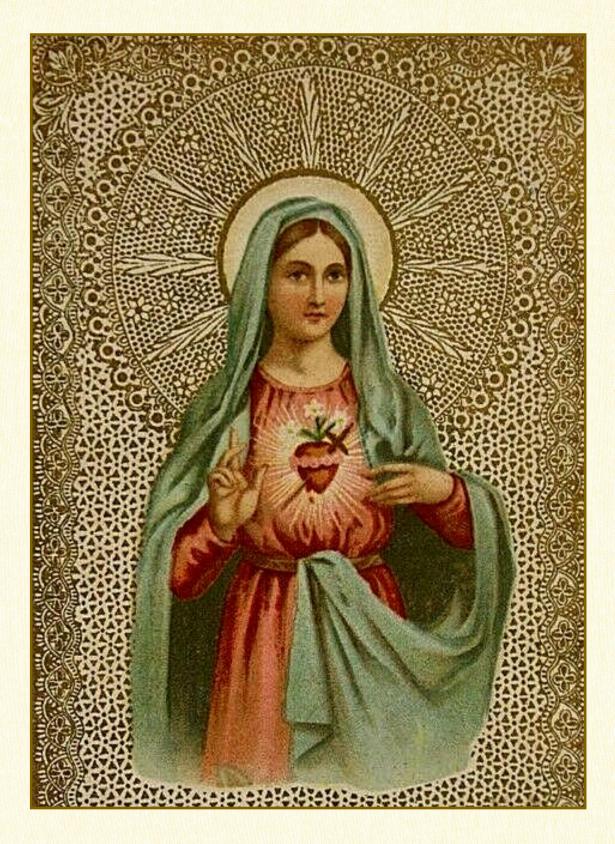
Sunday	Monday	Tuesday	Wednesday	Thursday		Friday
In all your sur unite your he Heart of Jesus ~ <i>Blessed M</i>	art to the	1 Feria Day	2 SS Marcellinus, Peter & Erasmus, BBMM	3 Corpus Christi	4 <i>First Friday</i> St. Francis Caraccioli, C	5 <i>First Saturday</i> St. Boniface, BM
6 2nd Sunday after Pentecost	7 Within the Octave of Corpus Christi	8 Within the Octave of Corpus Christi	9 Within the Octave of Corpus Christi SS Primus & Felician, MM	10 Within the Octave of Corpus Christi St. Margaret, Queen of Scots	11 The Sacred Heart of Jesus	12 St. John of San Facondo, C
13 3rd Sunday after Pentecost	14 Within the Octave of the Sacred Heart	15 SS Vitus, Modestus & Crescentia, MM	16 Feria Day	17 Feria Day	18 Octave Day of the Sacred Heart of Jesus St. Ephrem, Deacon, CD	19 St. Juliana Falconieri, V
20 4th Sunday after Pentecost St. Silverius, PM	21 St. Aloysius Gonzaga, C	22 St. Paulinus, BC	23 The Vigil of St. John the Baptist	24 St. John the Baptist	25 St. William, Ab	26 SS John and Paul, MM
27 5th Sunday after Pentecost	28 St. Irenaeus, BM	29 Vigil of SS. Peter and Paul	30 The Holy Apostles Peter and Paul	SAC My loving Jesus I consecrate my grateful love I I all my unfaithf with thine aid, r		ESUS ee my heart, and thee, out of the a reparation for and I purpose,

July 2021 Month of the Most Precious Blood of Jesus



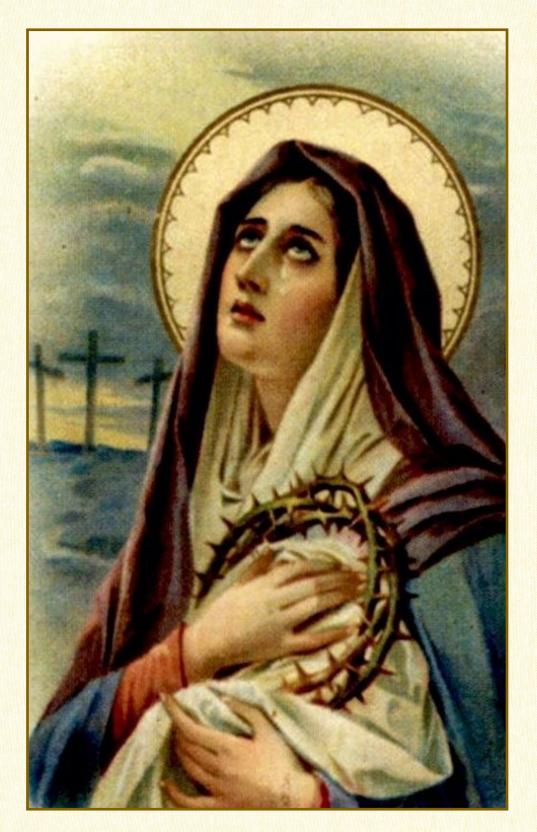
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AND rising up, he rebuked the wind, and said to the sea: Peace, be still. And the wind ceased: and there was made a great calm. And he said to them: Why are you fearful? Have you not faith yet? $\sim Mark \ 4:\ 39-40$ Let us love our crosses; seen with the eyes of love, they are all of gold and though our Lord is dead there in the midst of nails and thorns, there is found in the cross a collection of precious pearls that will compose our crown of glory, if we courageously carry our crown of thorns. $\sim St.$ Francis de Sales				1 The Most Precious Blood of Our Lord	2 First Friday Visitation of the Blessed Virgin Mary	3 <i>First Saturday</i> St. Leo II, P
4 6th Sunday after Pentecost Within the Octave of the Holy Apostles Peter & Paul	5 St. Anthony Mary Zaccaria C	6 The Octave Day of SS Peter & Paul, Apostles	7 SS Cyril & Methodius, BC	8 St. Elizabeth, Queen of Portugal	9 Feria Day	10 The Seven Brothers MMSS Rufina & Secunda, VMM Leslie Kosel Rest in Peace 2017
11 7th Sunday after Pentecost St. Pius I, PM	12 St. John Gualbert, Ab	13 St. Anacletus, PM	14 St. Bonaventure, BCD	15 St. Henry, Emperor, C	16 O.L. Mt. Carmel	17 St. Alexius, C
18 8th Sunday after Pentecost St. Camillus de Lellis, C	19 St. Vincent de Paul, C	20 St. Jerome Emilian, C	21 St. Praxedes, V	22 St. Mary Magdalen, Penitent	23 St. Apollinaris, BM	24 Vigil of St. James, Apostle
25 St. James, Apostle Comm: 9th Sunday after Pentecost	26 St. Anne, Mother of the Blessed Virgin Mary	27 St. Pantaleon, M	28 SS Nazarius Celsus, MM Victor I, PM Innocent I, P	29 St. Martha, V	30 SS Abdon & Sennen, MM	31 St. Ignatius of Loyola, C

August 2021 Month of the Immaculate Heart of Mary



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10th Sunday after Pentecost St. Peter's Chains	2 St. Alphonsus Mary de Liguori, BCD	3 The Finding of the body of St. Stephen, First Martyr	4 St. Dominic, C	5 The Dedication of the Church of Our Lady of the Snows	6 First Friday The Transfiguration of Our Lord Jesus Christ	7 First Saturday Feria Day St. Cajetan, C
8 11th Sunday after Pentecost SS Cyriacus, Largus & Smaragdus, MM	9 St. John Mary Vianney, C	10 St. Lawrence, M	11 SS Tibertius & Susanna, MM	12 St. Clare, V	13 SS Hippolytus & Cassian, MM	14 The Vigil of the Assumption of the BVM
15 The Assumption of the Blessed Virgin Mary Comm: 12th Sunday after Pentecost	16 St. Joachim, Father of the Blessed Virgin Mary Richard Johnson Rest in Peace 2012	17 St. Hyacinth, C	18 Within the Octave of the Assumption	19 St. John Eudes, C	20 💉	21 St. Jane Frances de Chantal
22 Immaculate Heart of Mary Comm: 13th Sunday after Pentecost	23 St. Philip Benizi, C	24 St. Bartholomew, Apostle	25 St. Louis, King , C	26 St Zephyrinus PM	27 St. Joseph Calasanctius, C	28 St. Augustine BCD
29 14th Sunday after Pentecost The Beheading of St. John the Baptist	30 St. Rose of Lima, V	31 St. Raymund Nonnatus, C	fear, but acce they happen, Drive away	orward to the ept them with God will perfe sadness far fr nd there is no	perfect confid ect and deliver ~ <i>St. Franc</i> om thee; for	lence that, as you. <i>tis de Sales</i> sadness hath

September 2021 Month of the Sorrows of the Blessed Virgin Mary



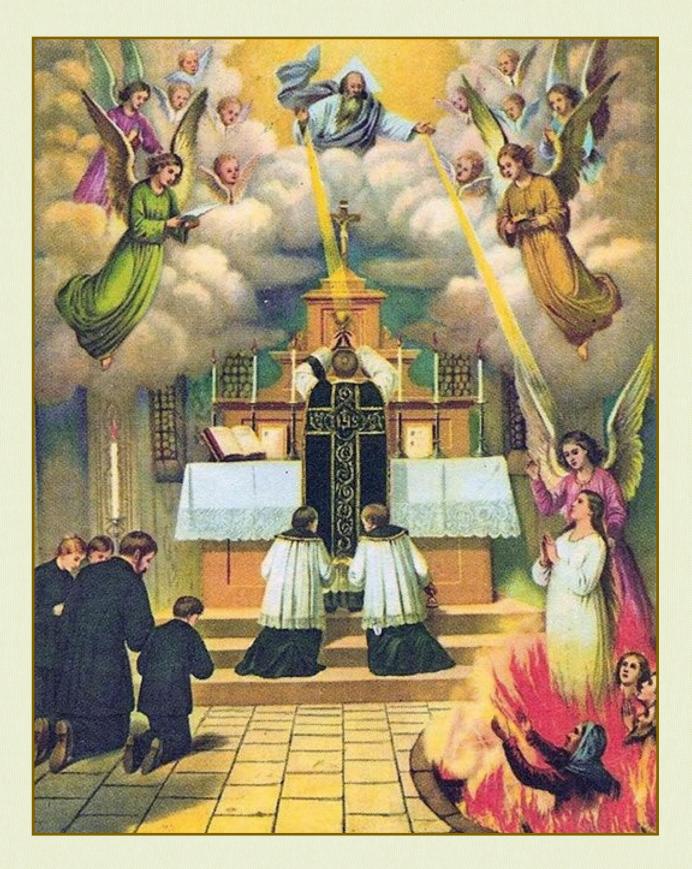
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BLESSED are they who suffer persecu- tion for justice's sake for theirs is the kingdom of heaven. Blessed are you when men shall revile and persecute you and say all that evil against you untruly, for my sake. Rejoice, and be exceeding glad: because your reward is very great in Heaven. $\sim Matt. 5: 10, 11, 12$			1 St. Giles, Ab	2 St. Stephen, King C	3 First Friday St. Pius X, C	4 First Saturday Feria Day
5 15th Sunday after Pentecost St. Laurence, Justinian, BC	6 Feria Day	7 Feria Day	8 Nativity of the Blessed Virgin Mary	9 St. Gorgonius, M	10 St. Nicholas of Tolentino, C	11 SS Protus & Hyacinth, MM
12 16th Sunday after Pentecost The Most Holy Name of Mary	13 Feria Day	14 Exaltation of the Holy Cross	15 Ember Wednesday Seven Sorrows of the Blessed Virgin Mary	16 SS Cornelius & Cyprian, BBMM	17 Ember Friday The Impression of the Stigmata of St. Francis, C	18 Ember Saturday St. Joseph of Cupertino, C
19 17th Sunday after Pentecost St. Januarius & Comp, MM	20 St Eustace & Comp, MM	21 St. Matthew, Apostle & Evangelist	22 St. Thomas of Villanova, BC	23 St. Linus, PM	24 Our Lady of Ransom	25 Feria Day
26 18th Sunday after Pentecost SS Cyprian & Justina, MM	27 SS Cosmas & Damian, MM	28 St. Wenceslas, Duke, M Laura Mason Rest in Peace 2018	29 The Dedication of St. Michael, Archangel	30 St. Jerome, Priest, CD	Whom the Lo chastiseth. God dealeth with His son son is there, father does no	with you as ns: for what , whom the

October 2021 Month of the Holy Rosary



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
be God's will; Him. When o and "seeing the caught the dis that He who bear any weig	efore any t trouble will b ur Lord walke he wind stron sciple by the h could tread t ht your weakr ge and home	1 First Friday St. Remigius, BC	2 First Saturday The Holy Guardian Angels Michael Benny Rest in Peace 2017			
3 19th Sunday after Pentecost St. Teresa of the Child Jesus, V	4 St. Francis of Assisi, C	5 St. Placid & Comp, MM	6 St. Bruno, C	7 The Most Holy Rosary of the BVM	8 St. Bridget, W	9 St. John Leonardi, C
10 20th Sunday after Pentecost St. Francis Borgia, C	11 Maternity of the Blessed Virgin Mary	12 Feria Day	13 St. Edward, King, C	14 St. Callistus I, PM	15 St. Teresa, V	16 St. Hedwig, W
17 21st Sunday after Pentecost St. Margaret Mary Alacoque, V	18 St. Luke, Evangelist	19 St. Peter of Alcantara, C	20 St. John Cantius, C	21 St. Hilarion, Ab	22 Feria Day	23 Feria Day
24 22nd Sunday after Pentecost 31 Feast of Christ the King	25 SS Chrysanthus & Daria, MM	26 St. Evaristus, PM	27 The Vigil of SS. Simon & Jude, Apostles	28 SS. Simon & Jude, Apostles	29 Feria Day	30 Feria Day

November 2021 Month of the Poor Souls in Purgatory



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 All Saints Day Holyday of Obligation	2 All Souls Day	3 Within the Octave of All Saints	4 St. Charles Borromeo, BC	5 First Friday Within the Octave of All Saints	6 First Saturday Within the Octave of All Saints
7 24th Sunday after Pentecost Within the Octave of All Saints	8 The Octave Day of All Saints	9 Dedication of the Basilica of St. Saviour	10 St. Andrew Avellino, C	11 St. Martin, BC	12 St. Martin I, PM	13 St. Didacus, C
14 25th Sunday after Pentecost St. Josaphat, BM	15 St. Albert the Great, BCD	16 St. Gertrude, V	17 St. Gregory the Wonderworker, BC	18 Dedication of the Basilicas of Ss. Peter and Paul	19 St. Elizabeth of Hungary, W	20 St. Felix of Valois, C
21 26th Sunday after Pentecost The Presentation of the Blessed Virgin Mary	22 St. Cecilia, VM	23 St. Clement I, PM	24 St. John of the Cross, CD	25 St. Catharine, VM	26 St. Sylvester, Ab	27 Miraculous Medal of the BVM
28 1st Sunday of Advent	29 Vigil of St. Andrew Apostle	30 St. Andrew Apostle	find in it a well on winning a s If thou carry the thee to thy des	ne Cross willing ired end; to wit Iffering, though	ual blessings. Ai <i>enerable Mother I</i> .ly it will carry f , to that place w	e you bent up- Barat thee, and bring where there will be none.

December 2021 Month of the Immaculate Conception

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Our Lord never asks of us a sacrifice which is above our strength. But sometimes it is true He makes us feel all the bitterness of the Chalice which He presents to our soul. ~ <i>Soeur Therese</i> One "Blessed be God" in the time of adversity is worth more than "I thank you" said a thousand times in prosperity. ~ <i>St. John of Avila</i>			1	2 St. Bibiana, VM	3 First Friday St. Francis Xavier, C	4 First Saturday St. Peter Chrysologus, BCD
5	6	7	8 Immaculate	9	10	11
2nd Sunday of Advent St. Sabbas, Ab	St. Nicholas, BC	Vigil of Immaculate Conception St. Ambrose, BCD	Conception	Within the Octave of Immaculate Conception	Within the Octave of Immaculate Conception	Within the Octave of Immaculate Conception St. Damasus, P
12	13	14	15	16	17	18
3rd Sunday of Advent Comm: Within the Octave of Immaculate Conception	St. Lucy, VM Within the Octave of the Immaculate Conception	Within the Octave of the Immaculate Conception	Ember Wednesday Octave Day of the Immaculate Conception	St. Eusebius, BM	Ember Friday	Ember Saturday
19	20	21	22	23	24	25
4th Sunday of Advent	Thomas, Apostle	St. Thomas, Apostle	St. Frances Xavier Cabrini, V	Feria Day	Vigil of Christmas	The Nativity of Our Lord
26 St. Stephen, The First Martyr	27 St. John, Apostle & Evangelist	28 The Holy Innocents, MM	29 St. Thomas of Canterbury, BM	30 Comm: Sunday within the Octave of the Nativity (transferred)	31 St. Sylvester I, PC	